



"The only boundaries we have are in form. There are no obstacles in thought"

Dr, Wayne Dyer

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Where is Sylvia now?.

June 12, 2019

SUMMER SOLSTICE

I will be in Uganda for this year's summer solstice. And, you know what is so unusual? It's exactly the same as every other day in the year. Because of its proximity to the equator the sun comes up at 7 am and set at 7 pm every day of the year! And, for those of you who think it is hot, the temperature ranges from 60 to 80 degrees EVERY DAY. And, with an elevation of 4,300 feet it is always comfortable!

I do want to share the excitement of this trip which is: VICE News is doing a segment of orphans in Uganda and will be shooting our orphan's birthday party on June 19 (most of the orphans don't know their birthday so we make mid June extra special). We have a big cake and there is singing and dancing and our brass band PLUS each child (1,000+) gets a small gift bag. It's a wonderful celebration!

And the rest of the party is on Friday when we serve the children a meat sauce over rice and a soda. And, of course, the day ends with singing and dancing and sadness because our time with them is over.

I will let you know when the VICE segment is going to be played (they are on HBO but you can also view through YouTube).

**Aitkin Farmers'
Market**

Now through Labor Day

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**Uganda trip June 12-
26, 2019**

Sylvia's Children
Mbirizi, Uganda, Africa

July 24

NAHB Baltimore, MD

November 1-2

Michigan Festivals and
Events Assn.
Conference

November 6-19

Sylvia's Children
Mbirizi, Uganda, Africa

PS - notice my new e-mail address
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Lots of great stuff every two weeks!

