

Hometown News Online!

Words of
Wisdom...



"Proceed as if
success is inevitable"

Unknown

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January 7, 2015

START THE NEW YEAR RIGHT!

Being the perpetual optimist I start every year with a high dose of optimism and creativity! And, since this month is International Creativity Month (bet you didn't know that!) let's look at ways to be more creative this year.

Here are some tips from my favorite writer, Harvey MacKay, author of numerous books including *Outswimming the Sharks*.

1. **Limit exposure to stress.** Now, doesn't that sound impossible! Try to find a way to relax, even if it's just for short periods of time. Basically, take time to breathe!
2. **Don't multi-task.** This is my favorite as I sit here thinking I need to get the forms out for the wine festivals, get the information to my farmers in Minnesota for the Farmers' Market and, oh by the way, write the newsletter! I haven't mastered this yet ... if you do, share with me how you did it!
3. **Rest your brain.** This one is easy. Take a nap, go to bed, meet with other creative folks and exchange ideas outside of your normal thinking (this energizes your brain!).
4. **Curiosity.** Question how things work, why things are being done the way they are ... ask the "why" of things.

Those that sign up through this link will be helping Sylvia's Children! Sylvia has a printer through this program for Sylvia's Children, and Xerox provides a discount to Sylvia's Children for each referral.

Where In The World Is Sylvia?



2015

January 14 ... Foundation Center, New York City

January 19-21 ... AMSP/NAQP/NAPL, Las Vegas, NV

January 25-26 ... NCF&EA, Charlotte, NC ... keynoter

February 16-17 ... SCFEA, Chattanooga, TN ... keynoter

February 19-20 ... Saskatchewan, Canada Main Street program

February 28 ... Foundation Center, New York City

March 2 ...Dover, DE Conference on Volunteerism, Dover Downs, ... keynoter

March 8 ... NJPRA, 1/2 day seminar

March 12-24 ... Medical trip to Uganda

5. **Open-mindedness.** Spend time with people who don't reject new ideas ... it's a great way to get refreshed and rejuvenated.

6. **Flexibility.** Open your mind to new ideas, think about mixing and matching old ideas into new ones ... be willing to change and adapt.

7. **Confidence.** My favorite ... don't be afraid to try new things and risk failure. So what! Just try again ... wonderful title of a book *Success is never ending, Failure is never final* written by Dr. Robert Schuller's son says it all. Doesn't work? Pick yourself up, dust yourself off and start again!

This promises to be a great year ... make the most of it!

Have you bought a copy of my sponsorship book yet and/or DVD? If not, click on the left ... Sylvia's books ... and order. I guarantee if you follow the rules you will increase your sponsorship sales by a minimum of 10% or your money back.

Want a preview? [Click here!](#)

<https://www.youtube.com/channel/UCyR6vOJzxm7UmuelOKn9bNQ>

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March 30-31 ... National
Main Street, Atlanta, GA

April 22 ... Foundation
Center, New York City

June 10-12, NACS,
Orlando, FL ... keynoter

